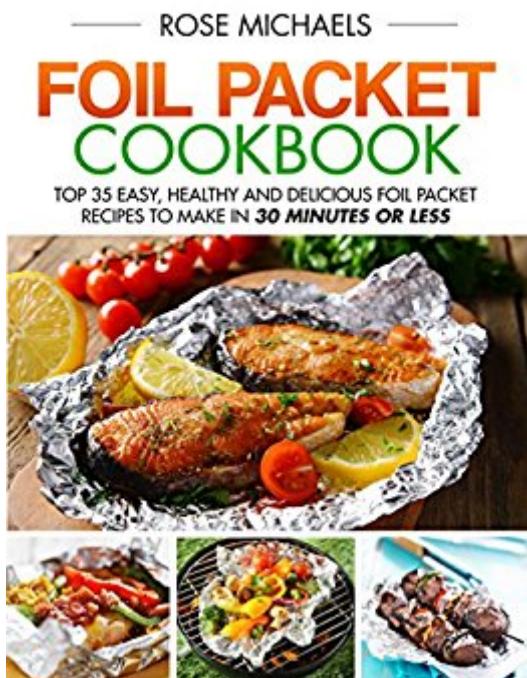


The book was found

Foil Packet Cookbook: Top 35 Easy, Healthy And Delicious Foil Packet Recipes To Make In 30 Minutes Or Less



Synopsis

There are few culinary delights that are more enjoyable than a favorite dish cooked and enjoyed in the great outdoors. If you have ever gone camping, or cooked many meals outdoors, then you know that sometimes the shortcuts that are taken when your stove and oven are out of the picture and be a little less than healthy. During these times, we might typically reach for the shortcut that might be a little more processed or a little higher in sodium, fat or calories. Foil packet cooking is a way of outdoor food preparation that breathes new life, into old campfire foods. Within the confines of pouches made of foil lie healthy jewels of campfire meals. The recipes in this book used healthy ingredients, healthy preparation methods and most importantly, sacrifice nothing in terms of flavor and enjoyment. This book is the key to effortless, healthy and delicious foil packet meals. Start here to open your eyes to a whole new world of campfire cuisine. ☺

Book Information

File Size: 2510 KB

Print Length: 112 pages

Simultaneous Device Usage: Unlimited

Publisher: The Fruitful Mind (May 2, 2016)

Publication Date: May 2, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01F2WUIZM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #533,537 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #105 in Books > Cookbooks, Food & Wine > Outdoor Cooking > Camping & RVs #270 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Outdoors & Nature > Hiking & Camping > Camping #318 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Outdoor Cooking

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